# Abigail Lo

they/them | theabigaillo@gmail.com

# **Intimacy**

Merry Go Round	Intimacy Director	Fordham University / dir. Fabiola Arias
Blood Wedding	Intimacy Director	Fordham University / dir. Asa Nestlehutt
The Moors	Intimacy Director	Fordham University / dir. Manon McCollum
We're Still Here	Intimacy Director	Fordham University / dir. Laurel Mora
Senior Showcase (2022)	Intimacy Director	Fordham University / dir. James Dean Palmer
Next to Normal	Intimacy Director	Fordham University / dir. Lee Melillo
And This Is Where We	<b>Intimacy Consultant</b>	Fordham University / dir. Yev Gelman

# **Training**

## **Intimacy Directors and Choreographers** (2021-2022)

Consent-Forward Artist Certificate: Lauren DeLeon, Colleen Hughes, Renee Redding-Jones

Level 2: Charlie Baker, Zev Steinrock Level 1: Cha Ramos, Alexis Black

# **Theatrical Intimacy Education** (2022)

Weekend Workshop: Laura Rikard, Chelsea Pace

Best Practices: Laura Rikard, Joy Brooke Fairfield, Kim Shively

Foundations of Race, Intimacy, and Consent: Kaja Dunn

Race and Choreography: Kaja Dunn Trauma-Informed Practices: Chelsea Pace

Creating Community Agreements: Chelsea Pace, Kim Shively

## Certified in Adult Mental Health First Aid USA with Alison Wood (2022)

**Bard College Berlin**: Summer Theater Devising Intensive (2022)

Eva Burghardt, Julia Hart, Yuko Kaseki, Anna Kohler, Judith Sanchez, Nina Tecklenburg, Jonathan Rosenberg, Dawn Saito

## **Imagination Stage Dance Theatre** in Bethesda, MD (2017-2019)

Trained in choreography and improvisation

## **The Moving Company** in Cockeysville, MD (2008-2015)

Trained in contemporary (7 years), ballet (7 years), jazz (4 years), and lyrical (2 years)